

RANGE OF MOTION EVALUATION AND DESIGN OF ROM REHABILITATION ACTIVITIES

ONLINE COURSE: APRIL 1-APRIL 30, 2025

What is this course about?

Range of motion limitation of the hand is extremely debilitating and can seriously affect independence of our patients. But did you know that a single range of motion is not representative of the actual hand function? Do you know how to design rehabilitation activities to efficiently target specific joint problems? This course will help you understand range of motion evaluation techniques specific to the hand and design rehabilitation activities that take into consideration the comprehensive functional outcomes of the burned hand.

Sponsored course, no registration fee

Course objectives

After this course, you will be able to:

- Explain the importance of measuring range of motion of multiple joints.
- Explain and apply the techniques to assess joint range of motion.
- Interpret the results and do further tests when specific problems are suspected.
- Explain the general principles for designing rehabilitation activities to improve joint range of motion.
- Explain key points to guarantee good execution of rehabilitation activities.

Course content

- Range of motion assessment techniques focusing on functional performance and special provocative tests.
- Principles for designing range of motion rehabilitation activities with specific explanations and examples for MP joint, IP joint, wrist joint, multiple joints and grasp training.

Prerequisite

None

This course is for...

Physiotherapists and Occupational Therapists working in burns.

Other burn professionals interested in learning more about this topic.



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Evaluation

- The following evaluations will be done:
- Pre-test to assess the level of basic knowledge of the participants.
- Mini quiz after each lesson to review the key points of the lesson.
- Post-test to evaluate the improvement of the knowledge of the participants.

Passing criteria:

- Completion of all course elements within the allotted time period.
- Post-test score of 80% and above.

The participant will need to complete all learning activities before the end of the training, after that date the participant will no longer have access to the course content and the learning record will be marked as "incomplete".

Upon successful completion of the course, the participant will receive a certificate of completion.

Registration

- Online registration will be available from March 1 to March 23, 2025.
- Sponsored course no registration fee



Scan QRCode or <u>click here</u> for more info about the course and registration page

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